

EARLY HEART ATTACK CARE (EHAC)

Kwar ke jela?

EHAC.ACC.org



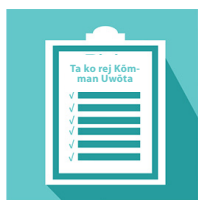
Bōk Melele kin Early Heart Attack Care

Melele kin EHAC ko rej letok melele ñan jela im mōkaj am loe kakōlle im kakōlkōlin juon heart attack. Kim kōnaan bwe kwōn juon armij eo ejela kōmadmōd ilo ien am bed iturin juon rinañinmij bwe kwōn maron kejbarok mour eo an im bar elañe kwe eo.



Kejbarok juon Mour

- Ñe juon armij enaj lōtlak, kall ae 9-1-1!
- Lelok CPR Wōt kin Ba ko Beim.
- Bukōt im kōjberbal juon AED (Mejin in Jarom ae Menono bwe en bar Jerbal).



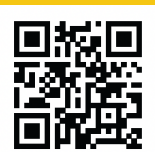
Bōbrae jen juon Heart Attack

- Bōk melele kin wāween ko rej kōmman uwōta.
- Melele kin oktak ko ikōtaanemmaan im kora.



Lale Aujbitol/Jikin eo kwōnaj bōk jibañ im emōj Kile

Emōj an aujbitol eo am kōjberbal wāween kōmadmōd ko ñan kejbarok mour ilo ien aer lewaj jibañ ñan nañinmijin menono elukkun lab joñan an emmon ñan armij ro ilo jukjukinbed eo am.



Kwōmaron ke Kejbarok Mour eo an juon Armij?
Pija Scan ae Kakōlle eo.

Bōk juon kilaaj ejellok wonnen im bōk juon am peba in kamool!



CardioSmart
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**JELA
im
KŌMADMŌD**

Mōlañlōñ
ak mōmōj

Aer ubom,
kōkeen,
metak,
ak bwil

Metak eo ej
etal lallok
ñan rajet in
juon ak ba ko
ruo aoleb

Kajjinōkam
emmenono

Kaju
addeboulul

Ewōr abnōō
ilo likim,
kenwam, aeram,
ak jimwin
ñiim

Lab joñan
mōk ak
mojno

Biō ilo am
menokadu

Abnōō



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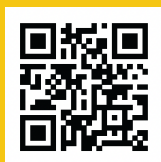
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